



Hosted by
New World Track Club

New World Combined Events Festival

Friday-Saturday, June 7-8, 2019
Pickerington North High School

Sanctioned by
USA Track & Field

TRIATHLON | PENTATHLON | HEPTATHLON | DECATHLON

Friday, **June 7**, 9:30 a.m. and Saturday, **June 8**, 8:30 a.m.

Friday, June 7, 2019

Combined events begin at the noted times and will progress through their events in accordance with USATF rules.

9:30 a.m. - Decathlon – Day 1	10:00 a.m. - Heptathlon – Day 1
11:30 a.m. - 11-12 Girls Pentathlon	11:30 a.m. - 13-14 Girls Pentathlon
12:30 p.m. - 11-12 Boys Pentathlon	12:30 p.m. - 13-14 Boys Pentathlon
1:30 p.m. - 9-10 Boy Triathlon	1:30 p.m. - 9-10 Girls Triathlon

Saturday, June 8, 2019

Day 2 will start at 8:30 a.m. with the Decathlon 110HH and Heptathlon Long Jump

OHIO'S LINDSAY'S LAW will be complied with at this meet. Parents of all competing Athletes under 19 years old must view the [Ohio Lindsay's Law Video](#) and, along with the Athlete, sign the [Parent – Student \(Athlete\) Signature Form](#). This Signature Form is must be turned in at the meet along with the Liability Waiver Form before the Athlete/Team will receive credentials required to compete in the meet. Coaches are not allowed to sign this form for the Athlete or Parents.

Timing: Manuel timing will be used for the track events at this combined events meet.

Eligibility: All male & female, Youth, Open & Masters athletes. (USATF cards and AAU card **not** required).

Age Divisions:

Triathlon – 9-10 - Born 2009-2010;

Pentathlon – 11-12 - Born 2007-2008; and **13-14** - Born 2005- 2006;

Heptathlon – 15-16 Girls - Born 2003-2004; and **17-18 Girls:** (Athletes who are still eighteen (18) years of age through the final day of the USATF National Junior Olympic Track and Field Championships (July 28, 2019) shall be eligible to compete in the 17-18 year old division); **Open:** Born before July 29, 2000 and less than 30 on meet day; and **Masters:** Ages 30 and over on meet day.

Decathlon – 15-16 Boys - Born 2003-2004; and **17-18 Boys:** (Athletes who are still eighteen (18) years of age through the final day of the USATF National Junior Olympic Track and Field Championships (July 28, 2019) shall be eligible to compete in the 17-18 year old division); **Open:** Born before July 29, 2000 and less than 30 on meet day; and **Masters:** Ages 30 and over on meet day.

Entries: **On Site Registrations only** – Registration on day-one of the meet begins at 8:30 a.m.

PARENTS MUST COMPLETE AND SIGN THE LIABILITY WAIVER AND LINDSAY'S LAW

SIGNATURE FORM for athletes under 19 so please complete, sign and bring the completed forms to the meet with you. **COACHES ARE NOT ALLOWED TO SIGN THE WIAVERS OR LINDSAY'S LAW SIGNATURE FORMS.**

Entry Fees: Paid in cash at the meet – June 7, 2019

\$15 for Triathlon/Pentathlon, \$20 for Heptathlon/Decathlon

NO MAILED, E-MAIL, PHONE OR FAX ENTRIES ARE ACCEPTED

Entry fees are non-refundable and non-transferable.

Questions: newworldtrack@gmail.com. Emails, text messages and phone calls/voice mail messages after 9:00 p.m. on June 6 will not be answered.

Awards: Medals for 1st – 3rd. Ribbons 4th – 8th.



PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT New World Summer Classic

Event Date: June 7-8, 2019

Event Location: Pickerington North HS,

For and in consideration of New World Track Club, Pickerington Local Schools and USA Track & Field, Inc. ("USA Track & Field" or "USATF") allowing me, the registrant, to participate in the USA Track & Field sanctioned event I am registering for herein (the "Event" or "Events"); I, for myself, and on behalf of my spouse, children, guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

1. I hereby represent that (i) I am at least eighteen (18) years of age (or this Agreement is also agreed to by my parent, natural guardian, or legal guardian (the "Guardian")); (ii) I am in good health and in proper physical condition to participate in the Event; and (iii) I am not under the influence of alcohol or any illicit or prescription drugs which would in any way impair my ability to safely participate in the Event. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Event, that I am responsible for my own safety and well-being at all times and under all circumstances while at the Event site.
2. I understand and acknowledge that participation in track & field, road running, race walking, cross country, mountain, ultra, and trail running Events is inherently dangerous and represents an extreme test of a person's physical and mental limits. I understand and acknowledge the risks and dangers associated with participation in the Event and sports of track & field and related activities, including without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and loss of life; loss of or damage to equipment/property; exposure to extreme conditions and circumstances; contact with other participants, spectators, animals or other natural or manmade objects; dangers arising from adverse weather conditions; imperfect course or track conditions; land, water and surface hazards; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event Organizers (as defined in Section 4 below); and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions or the actions or inactions of others participating in or organizing the Event, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses which I incur as a result of my participation in any Event, except to the extent caused by the gross negligence and/or willful misconduct of any of the Released Parties (as defined in Section 4 below).
3. I agree to be familiar with and to abide by the Rules and Regulations established for the Event, including but not limited to the Competition Rules adopted by USA Track & Field and any safety regulations established for the benefit of all participants. I accept sole responsibility for my own conduct and actions while participating in the Event, and the condition and adequacy of my equipment.
4. I hereby release, waive and covenant not to sue, and further agree to indemnify, defend and hold harmless the following parties, as relevant and applicable in each instance: USATF, its members, clubs, associations, sport disciplines and divisions; United States Olympic Committee (USOC); the event directors, the host organization and the facility, venue and property owners or operators upon which the Event takes place; and any other organizers, promoters, sponsors, advertisers, coaches and officials for this Event; law enforcement agencies and other public entities providing support for the Event; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees and volunteers (Individually and collectively, the "Released Parties" or "Event Organizers"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Event, except to the extent caused by the gross negligence and/or willful misconduct of any of the Released Parties. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which may be incurred as the result of such claim, except to the extent caused by the gross negligence and/or willful misconduct of any of the Released Parties, as relevant and applicable in each instance.
5. As a condition of my participation in the Event, I hereby grant USA Track & Field, the event director and host organization a limited license to use my name, likeness, image, photograph, voice, video, athletic performance, biographical and other information (collectively, "Likeness"), in any media platform or format whatsoever, and to distribute, broadcast and exhibit these without charge, restriction or liability, but only for the purposes of advertising or promoting the Event, USATF, or the sport of Athletics. The foregoing grant, however, does not constitute consent for USATF or any third party to use my Likeness in an endorsement of any product or service without my specific written consent.

I hereby warrant that I (or the Guardian, if I am under the age of 18) am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by accepting it (including the rights of my spouse, children, guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns), acknowledge that I have accepted this Agreement without any inducement, assurance or guarantee, and intend for my acceptance to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

If the participant is under the age of 18, the Guardian hereby agrees to release and discharge the Released Parties as follows: a) The Guardian acknowledges and understands that the Event is inherently dangerous and represents an extreme test of a person's physical and mental limits. Further, the Guardian acknowledges and understands the Risks, as defined above. b) The Guardian acknowledges the rights waived by both the Guardian and the participant by accepting this Agreement. c) The Guardian acknowledges that the Guardian will indemnify the Released Parties from any and all Liability which may arise out of, result from, or relate in any way to the participant's participation in the Event, except to the extent caused by the gross negligence and/or willful misconduct of any of the Released Parties.

Adult Participant Name (or Guardian): _____ Age: _____ Date of Birth: ____/____/____ Male Female

Minor Athlete Name: _____ Age: _____ Date of Birth: ____/____/____ Male Female

Home Address: _____ Home Tel.: (____) _____

X _____
Signature of Participant or Guardian

Date Signed

Sudden Cardiac Arrest and Lindsay's Law Parent/Athlete Signature Form



What is Lindsay's Law? Lindsay's Law is about Sudden Cardiac Arrest (SCA) in youth athletes. It covers all athletes 19 years or younger who practice for or compete in athletic activities. Activities may be organized by a school or youth sports organization.

Which youth athletic activities are included in Lindsay's law?

- Athletics at all schools in Ohio (public and non-public)
- Any athletic contest or competition sponsored by or associated with a school
- All interscholastic athletics, including all practices, interschool practices and scrimmages
- All youth sports organizations
- All cheerleading and club sports, including noncompetitive cheerleading

What is SCA? SCA is when the heart stops beating suddenly and unexpectedly. This cuts off blood flow to the brain and other vital organs. People with SCA will die if not treated immediately. SCA can be caused by 1) a structural issue with the heart, OR 2) a heart electrical problem which controls the heartbeat, OR 3) a situation such as a person who is hit in the chest or a gets a heart infection.

What is a warning sign for SCA? If a family member died suddenly before age 50, or a family member has cardiomyopathy, long QT syndrome, Marfan syndrome or other rhythm problems of the heart.

What symptoms are a warning sign of SCA? A young athlete may have these things with exercise:

- Chest pain/discomfort
- Unexplained fainting/near fainting or dizziness
- Unexplained tiredness, shortness of breath or difficulty breathing
- Unusually fast or racing heart beats

What happens if an athlete experiences syncope or fainting before, during or after a practice, scrimmage, or competitive play? The coach **MUST** remove the youth athlete from activity immediately. The youth athlete **MUST** be seen and cleared by a health care provider before returning to activity. This written clearance must be shared with a school or sports official.

What happens if an athlete experiences any other warning signs of SCA? The youth athlete should be seen by a health care professional.

Who can evaluate and clear youth athletes? A physician (MD or DO), a certified nurse practitioner, a clinical nurse specialist, certified nurse midwife. For school athletes, a physician's assistant or licensed athletic trainer may also clear a student. That person may refer the youth to another health care provider for further evaluation.

What is needed for the youth athlete to return to the activity? There must be clearance from the health care provider in writing. This must be given to the coach and school or sports official before return to activity.

All youth athletes and their parents/guardians must view the Ohio Department of Health (ODH) video about Sudden Cardiac Arrest, review the ODH SCA handout and then sign and return this form.

Parent/Guardian Signature

Student Signature

Parent/Guardian Name (Print)

Student Name (Print)

Date

Date

New World Combined Events Festival

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Pickerington North High School

Entry Form

To enter the meet, bring this completed form to the meet
along with your cash entry fee.

Please Print

Athlete Name _____
(First Name) (Last Name)

Address _____
(Number) (Street)

(City) (State) (Zip Code)

Gender Male Female Birth Date _____

E-mail Address _____

Athlete will be assigned to the appropriate Combined event based upon age and gender.

Athlete Signature _____ Date _____

Parent's Signature _____ Date _____
(if under 19)

Please complete the required Liability Waiver Form and
Lindsay's Law Signature Form and bring them to the meet on day one.

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